

Booking Form for Ashram: 27th August – 21st September 2012



The Ashram experience will take place in Stella Maris, Howth. It will run each day from 6.30am-8pm with vegetarian breakfast, lunch and dinner included.

As places are limited booking is essential. Please fill in the form below **indicating which dates you would like to attend** and return it by email to enquiries@sanctuary.ie or by post, marking it "Ashram", to: the Sanctuary, Stanhope Street, Dublin 7. We will then make contact with you to confirm your booking and to organise payment for the event. Our telephone number is 01-6705419.

More information is available on www.sanctuary.ie and www.stellamarisretreats.ie

Residential cost: 1 day €70; 2 days €140; 3 days €200; 4 days €250; 5 days €300 (maximum stay 5 nights)

Non-residential cost: €50 per day (Concessions available) DEPOSIT NON-REFUNDABLE

Name: _____

Address: _____

Address: _____

Mobile number: _____ Home number: _____

Email address: _____

Contact name and tel. no. in case of emergency: _____

Please indicate if you would like to attend on a residential or a non-residential basis

Residential Non Residential

Date/s you would like to attend (Maximum stay: 5 nights/ 5days): _____

(please be aware that residential attendees will arrive in the evening and stay for the following day's retreat.)

What is your preferred method of payment? Credit/Debit Card Cash Cheque

Please indicate your mode of transport Bus Car Taxi Dart

How did you hear about this event? _____

Please return completed application form to: Kathleen Clarke, the Sanctuary, Stanhope St. D7 or via email to: enquiries@sanctuary.ie